



ZONTA

CLUB OF
CHEYENNE

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

August 2024

Zephyr

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Message from the President

Summer, as usual, is flying by! I hope everyone has recovered from all of the Cheyenne Frontier Days excitement! Thank you to everyone who helped hang posters and hand out coasters. I have heard some great feedback from various businesses who appreciate our efforts.

We had a couple of smaller fundraisers and it was much appreciated seeing you all participating in one way or another.

August 23 we are having a Zonta Team Building and Planning Retreat at The Office Bar and Grill board room 1:00-3:30. Melissa Martin will be guiding this event and you all are invited. This is not just for Board members but all our Zonta members. We

would encourage you to attend.

We are also in the process of planning a two-day event with Uprising in October. Watch for details.



Once again, make sure you read the Zephyr in its entirety. It will have all the information to keep you updated on our club and its activities.

Please reach out if you have any questions or concerns.

~Belinda

August Club Meeting

Thursday, Aug 8

The Office Bar & Grill

(Sonoma Room)

Dinner at 5:15 pm, Meeting at 6:00 pm

ZONTA
100
YEARS

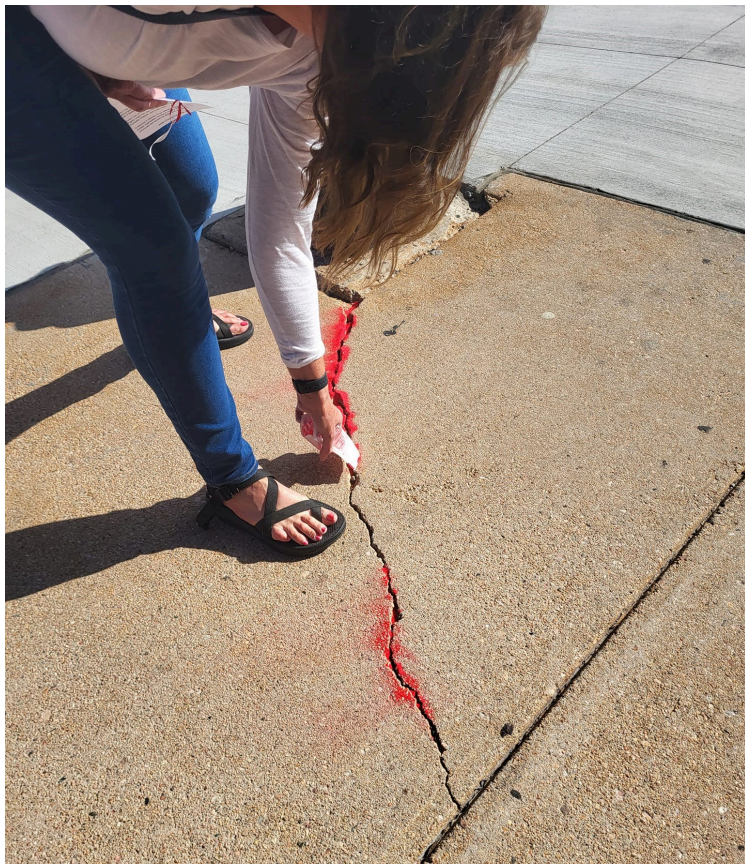
www.cheyennezonta.org

Red Sand Project creates impact downtown

by Jody Gostas

On behalf of the Zonta Advocacy Committee, I want to thank many who were involved with the Red Sand Project. First thanks go to the venues that allowed us to set up our displays - Nancy and Troy Eberhardt from Novus Auto Glass, owners of the corner where Beach Please Drink Company is located which itself is owned by Mike and Amber Kester AND Camellia El-Antably and Mark Vinich who own Clay Paper Scissors Gallery and Studio. Thank you for letting us take advantage of those spots on

the Friday Art Walk and Friday on the Plaza. Thank you to the Zontians who helped with the event bagging sand and with the actual event on July 5. We reached many people and explained the plight of those "falling through the cracks" with the very visual Red Sand Project. We also learned a lot ourselves for another Red Sand Event. We have about 20# of sand already bagged and ideas about doing this again. We hope to hear from Zontians who would be interested in presenting this display to Cheyenne another time.



An attendee pouring red sand in the sidewalk cracks, to bring awareness to those people who "fall through the cracks" each year.



Informational cards and bags of red sand were handed out and/or used at each location.

HAVE YOU SIGNED UP FOR FAST ACTION FRIDAYS YET?

Text the word "Zonta" to 50457.

You will receive a message with a link to then register to receive periodic information from Zonta about proposed federal issues. Upon receipt of each notice, you will have the opportunity (your choice – not mandated) to let your congressional representatives know your thoughts about the issue at hand.

July Club Picnic another fun one!

In lieu of a Club Meeting, each July we have a family picnic carry-in, for Zontians to get to know each other a little better and meet each other's families.

This year is was hosted by Belinda and Dan Sawyer, who opened their lovely home and yard to

us. Thank you so much, Belinda and Dan!

It was a wonderful evening with delicious food and fun conversation. Thanks to all who attended to make this picnic a very special event!



Our future Zontians, courtesy of Michelle Huff and Cassandra Stith.



Our newest applicant, Renee Nicks, and her husband, Curran.



L-R: Denise and Rick Parrish



L-R: President, Belinda Sawyer, Betty Abernethy, and Betty's significant other, Leeds Pickering.



L-R: Ann Erdmann, Kate Wright, Cassandra Stith, and Michelle Huff



L-R: Cassandra Stith and Michelle Huff



L-R: Linda Bogart, Jody Gostas, and Donna Angel



L-R: Dasa Robertson and Patty O'Hare



L-R: Zane and Jim Bob Myers, Tracy's crew.



L-R: Dasa Robertson and Ann Erdmann

A fabulous night of ZUNCO in July

Planning a ZUNCO event is always a roll of the dice, pun intended, to see if you have a multiple of 4 people sign up. But Membership Co-chair, Betty Abernethy, always comes prepared. She is pictured to the right with her little friend, Rachael Dummy, who comes along in case we are short a person. Rachael only got to play part of one round, as we had a guest player join us, Marcie Woolworth, who is also a new District 12 Director. It was a fun evening with a few BUNCOs, lots of

Boos, and four winners in the end. Thanks to Betty for planning and gathering prizes, and to all who came out! If you missed it, please try to join us next time!



Pictures from right, clockwise: The whole Zunco crew; Betty and her friend Rachael Dummy; winner Belinda and Betty; winner Kim, winner Jill and Betty; winner Caroline; Betty, Barbara and Belinda.



Announcements

ADVOCACY & SERVICE COMMITTEE ANNOUNCEMENT

Denise Parrish has passed the leadership baton for Advocacy & Service to Jennica Fournier.

Jennica, thank you for taking this on!

Denise, thanks for ALL your years of leadership in this position and all you do for our Club!

Please watch your email for a committee meeting announcement!

Membership/Communications Committee Meeting

Thursday, August 29, 5:30 pm

Betty's house, 814 E. Jefferson Road

Please mark your calendar. This meeting will be kind of a kick off for next year. The Board is having their annual planning session the week prior so this will be a good time to coordinate with that plan.

ALL are invited
to the annual

Shots On The
Porch

(SOTP)

August 30th

at Jody's home

107 W 1st St

Come anytime after 4:30 pm
and celebrate the beginning
of Labor Day weekend!

Volunteers needed:

3RD ANNUAL FOOD DRIVE



Volunteers are needed for the annual Joint Service Club Food Drive. This is our third year of participating in the food drive hosted jointly by Kiwanis, Lions, Rotary, Rotaract, and Zonta Clubs in the Cheyenne community.

When: Saturday, August 24th 9 a.m. – 3 p.m.

Where: King Soopers, Safeway, Yellowstone Albertsons

Beneficiaries: FNBO Student Food Pantry at LCCC and Veterans' Rock

To sign up for a 2-hour shift to collect food, please sign up with Sign-up Genius at:

<https://www.signupgenius.com/go/10C0E4BADA72AA3FECF8-50430427-2024#/>

Huge thanks to the Coasters & Posters Crew!

Ladies, I think we can call this year another success. We contacted and placed either posters or coasters in approximately 75 locations (a couple closed since last year). We went as far east as the Tumbleweed (TA Truck Stop) and as far west as the Bunk House for both posters and coasters. The CFD grounds I believe were covered well, I heard from several people that saw our posters there as well as around town.

The visitor centers, campgrounds, and laundromats were also covered.

Thank you so much for your time as I know you are all busy, especially this time of year.

If you have extra left over, please bring them to the monthly meeting on August 8, 2024 at the Office. Hope to see you all there.

Betty

First Wing Shack Community Night a great event

When Kim Bowie joined Zonta this Spring, she immediately jumped in with both feet! In addition to being on the Membership/Communications Committee, she also had a great idea for a fundraiser for the Zonta Club of Cheyenne! She is married to the manager of the local Wing Shack, who hosts "Wing Shack Community Nights" for local non-profits. Kim's husband, Nate, asked the owners of Wing Shack if they could host one for our Club and they agreed.

Our club earned a portion of every order which had the code word "EMPOWER" used during ordering, which

resulted in a total donation total that will be announced at our meeting this week.

Thanks to Wing Shack for hosting this event, and to all Zonta members and their friends, family, co-workers and community members who purchased wings to EMPOWER women and girls! And a special thanks to the Bowie family for helping orchestrate this yummy fundraiser!

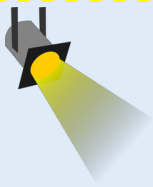
A thank you from Jasmin Becerra...

Dear Zonta Club of Cheyenne,
Thank you very much for awarding me the 2024 Young Women in Public Affairs Award. It was very nice to join you at dinner on May 2nd. I was truly inspired by all you do as a club, and as women!

With heartfelt thanks,
Jasmin Becerra



Kim Bowie and her pageant queen daughters woman-ed the Zonta table during the Wing Shack Community Night.



Zonta Club of Cheyenne Member Spotlight:

Caroline D'Ambro



Caroline D'Ambro is originally from upstate NY and moved to Cheyenne in 2022 with her husband Jason and tabby cat Leo. She works for an Austin, Texas-based marketing agency that designs websites and marketing strategy for mission-driven organizations (where her favorite clients include an affordable housing agency, and a non-profit focused on access to reproductive health). She was introduced to Zonta by her neighbor Jody Gostas and is excited to have found a community of people who are so passionate about supporting women and girls!

As a member of the Communications Committee, she manages the Club's webpage. If you check it out, you'll see she is doing a fantastic job! She is also a logistical wizard of sorts, as witnessed by all who helped with last year's Hope Bags event. She played a real-life game of Tetris with boxes and carried more in her little car than most of us could

have packed in a full-size SUV! Caroline was also named the 2024 Zonta Club of Cheyenne's Zontian of the Year for her outstanding commitment to the Club and promoting our causes.

Caroline, thanks for all you do!

Join us for the Governor's Summit in October!

By Betty Abernethy

Now that CFD has come and gone, it is time to think ahead just a bit. I think most of you should have received a postcard from our Governor, Debbie Sundberg. If not, I have attached a copy of it for you to see.

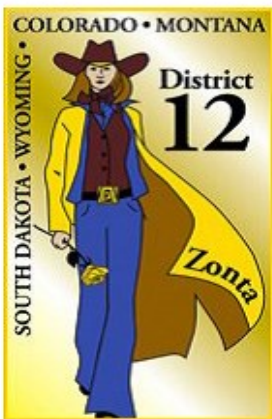
I know that October seems far away, but believe me it will be here before we know it.

Take time to look up the location, the Colorado Chautauqua in Boulder. It is a beautiful event venue and if you see the "Lodge", with 8 bedrooms and 8 bathrooms, we would like to fill that with members of our Cheyenne Club. This would be Friday evening through noon Sunday, October 4-6, 2024. I am not sure of the cost yet, and if we can carpool down it will save. The cost will all de-

pend if you want to share a room, might have to sleep in the same bed with another member, you can put together your own team for that. There will be a small registration fee to help cover the cost of food, etc. and then the cost of the room.

I sincerely hope you will take time out to consider, as we don't have time to waste to book the Lodge. Please let me know if you might be interested and if you have a buddy in mind or want to find one for the event.

This event will be a great learning event with breakout sessions, fun events, find out what other clubs are doing, get ideas, maybe meet a new friend. We are part way there with 3 committed to go now. Please think it over, would love to have a great turn out.



Need something incredible, uplifting, and motivating to do in October?

Join us for the

District 12 Governor's Summit

October 4-6 in the Colorado Chautauqua

Boulder, CO

BE BOLD!
BE BOLD!

An opportunity to support an Area 2 Club...

HARVEST FOR HOPE

WINE AND WHISKEY TASTING

Fundraiser

Sunday, September 8th, 2024

3:00 - 6:00 pm

University of Denver

Joy Burns Center Ballroom

For more information check out:

<https://zonta-denver2.org/1/fund-raisers/>



ZONTA
CLUB OF
DENVER II

2024 Club Officers And Board

President: Belinda Sawyer

belindawyohomes@gmail.com

Vice President: Pam Pafford

pamwyohomes@gmail.com

Secretary: Laura Gorny

lgorny@bresnan.net

Treasurer: Dasa Robertson

Dasagwen@yahoo.com

Immediate Past Pres: Dr Michelle Aldrich

Board Directors:

Betty Abernethy

Kathy Orr

Rebecca Reid

Michelle Huff

Darcey Harris

Tracy Myers

Nominating Committee

Ann Erdmann

Melissa Martin

(Vacancy)

Committee Chairs

Advocacy/Service: Jennica Fournier

Finance: Kathy Cathcart

Membership/Communication: Betty Abernethy

Zonta International Foundation for Women

Ambassador: Mary Walker

Club Historian: Linda Bogart



Jo Ann Russ 8/13

Jennica Fournier 8/25

Amanda Tanner 8/29

Jody Gostas 8/30

Upcoming Meetings & Events:

Zonta Board Meeting

Aug 1 @ 5:30 pm

RE/MAX Office—4000 Central Ave

Zonta Club Meeting

Aug 8 @ 5:00 pm

The Office Bar & Grill—Sonoma Room

We will be able to order dinner from a limited menu.

If you'd like to attend just the meeting, it will begin at 6 pm.

Zonta Team Building/Planning Retreat

Aug 23 @ 1:00-4:00 pm

The Office Bar & Grill

3rd Annual Food Drive

Aug 24 @ 9:00 am-3:00 pm

King Sooper, Safeway, Yellowstone Albertson's

Membership & Communications Committee Meeting

Aug 29 @ 5:30 pm

Betty's House—814 E Jefferson

Shots On The Porch

Aug 30 @ 4:30 pm

Jody's Porch—107 W First St

Zonta Foundation :

Ann Erdmann, President
Linda Bogart, Vice President

Melissa Martin, Treasurer

Denise Parrish, Secretary

Vickie Ingerle, Director